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Stories For The Third Ear: Using Hypnotic Fables In Psychotherapy



Synopsis

This book includes a step-by-step preparation for clients' receptivity to the stories, describing how rapport can be established and resistance lowered during the initial sessions of hypnotherapy. Then the stories are set within their original clinical context, so that we can comprehend their powerful impact on the course of therapy.

Book Information

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Customer Reviews

Wallas' hypnotic stories are thoughtful and creative. They're great as a healing technique, especially for those clients less responsive to more direct approaches. They can be used both in individual and group modalities, with or without the client already being in trance. They're also quite useful as a base to boost one's own creative juices. I highly recommend this book.

I recorded these tales on a cassette tape for my daughter as a collection of bedtime stories. She played them before she went to sleep for years. They are useful on so many levels.

This is a lovely book. The stories are delightful and geared to specific psychological problems. This makes the stories particularly useful when incorporated into hypnotic work.

I really like this book. The stories are just the right length to share with my clients. I work in a Substance Abuse treatment center and I like to read stories that apply to the clients and discuss them. Great way to begin a discussion about issues.

Excellent book. My prof used it for teaching in a psychotherapy class. Definitely a way to think outside the box.

This is a useful book for psychotherapists who are learning to use stories in their clinical work. It's creatively presented. I think it's a good way for a therapists to learn to use stories on their way to developing their own. It's best to tailor a story to the individual you are working with. That takes practice and skill. Wallas brings you into this arena beautifully. Joanna Poppink, MFT Los Angeles psychotherapist author: Healing Your Hungry Heart: recovering from your eating disorder

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